

Gottman Couples Workshop

The Art & SCIENCE of Love

Couples learn how to...

- ❖ Foster respect, affection and closeness
- ❖ Keep conflict discussions calm
- ❖ Build and share a deeper connection
- ❖ Break through and resolve conflict gridlock
- ❖ Strengthen and maintain success in your relationship

San Francisco Bay Area
~ Mill Valley, Marin County

Appropriate for All Couples.

13.5 CE's Available for Clinicians



Next ASL:

September 21st & 22nd, 2019

*Additional ASL Dates: December 7th & 8th, 2019 ~ February 8th & 9th, 2020
May 2nd & 3rd, July 20th & 21st, September 12th & 13th, and December 5th & 6th, 2020*

Next ASL 2:

February 22nd & 23rd, 2020

www.aCouplesWorkshop.com

or call (415) 721-4310 for more information.

**Presented by Senior Gottman Certified Therapists
Lisa Lund, CRC, MFT (33393) & Bob Navarra, PsyD, MFT (15997)**